

EXPLORATION

PLAN THEN DANCE OR DANCE THEN RECORD

BODY	ACTION	SPACE	TIME	ENERGY	RELATIONSHIPS
WHO? A dancer	WHAT? moves	WHERE? through space	WHEN? and time	HOW? with energy	WHY? using relationships

Ideas inspired by Saskatchewan Online Curriculum and CODE Ontario. Created by Natasha Hutchins at www.prodivame.com

Try CREATING EXPLORATION or RESPONDING for EXPLORATION

Form

- What will my body do?
- What action will I make?
- What space will I use?
- What time will I take?
- What energy will I create?
- What relationships will I use?

Reflection

- How will I explore?
- Create
- Interpret
- Represent
- Sequence

Form

- What are the elements?

Reflection

- What is my message?
- What will my audience interpret?

INSPIRATION - EXPLORATION - EXPRESSION